

# Massage Intake Form-New Client

Therapist's Name: \_\_\_\_\_

Appointment Time: \_\_\_\_\_ AM / PM      Services Scheduled: \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_ (this will help us to diagnose the cause of your tension, stress, or pain)

Best time to follow up on your session (circle one): AM / PM / Evening      How did you hear about us? \_\_\_\_\_

Reason/Expectations for this appointment:  Relaxation     Pain Relief/Therapeutic

How often do you seek a massage?  1x per week     1x per month     2x per month     Other \_\_\_\_\_

What do you look for when scheduling an appointment (check all that apply)?  Time     Cost     Convenience     Therapist Preference

Is this a gift for (Birthday, Anniversary, etc.)?  Yes     No      **Expectation:** Relaxation \_\_\_\_\_      Therapeutic \_\_\_\_\_

**What Pressure do you need?**     Light     Medium     Firm       Deep (Available with Upcharge)

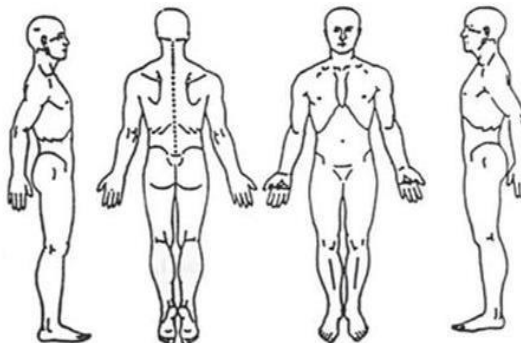
Please indicate if any of the following applies to you:

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any condition(s) you have marked above:  
 \_\_\_\_\_  
 \_\_\_\_\_

Please Mark  for the area that you want your therapist to focus on. Mark **X** for the area you want them to avoid:

**NO MASSAGE ON BREASTS, ABDOMEN, OR PRIVATES**



Please indicate if any of the following applies to you:

- Do you frequently suffer from extreme stress?     Yes     No
- Have you suffered any accidents or injuries in the past that prevented you from getting a massage?     Yes     No
- Have you ever had surgeries that prevent you from getting a massage?     Yes     No
- Have you had any broken bones in the past two (2) years to prevent you from getting a massage?     Yes     No
- Are you pregnant?**  Yes     No      **If yes, how many weeks?** \_\_\_\_\_
- Are you taking any medication that will prevent you from getting massage(s)?     Yes     No      \_\_\_\_\_
- Do you have any contagious diseases?  Yes     No      If yes, please specify: \_\_\_\_\_
- Are you sensitive to touch or pressure anywhere?  Yes     No      If yes, please specify: \_\_\_\_\_

**ADD-ON (Enhancement): Add-on is incorporated in the primary service time frame scheduled; No additional time needed**

- |  |  |   |
|--|--|---|
| Hot Stones      \$15 <input type="checkbox"/>        | Aroma Therapy      \$10 <input type="checkbox"/>               | Herbal Pain Relief Balm      \$15 <input type="checkbox"/>    |
| Hot Towels      \$10 <input type="checkbox"/>        | White Flower Balm      \$15 <input type="checkbox"/>           | Fresh Cucumber Face Mask      \$15 <input type="checkbox"/>   |
| Tiger Balm      \$10 <input type="checkbox"/>        | Cold Stone Face      \$15 <input type="checkbox"/>             | Mini Facial Gua Sha Face      \$15 <input type="checkbox"/>   |
| Sugar Hands Scrub      \$15 <input type="checkbox"/> | Hot herb pack      \$10 <input type="checkbox"/>               | Aloe Vera Ice Cube Face      \$15 <input type="checkbox"/>    |
| Sugar Feet Scrub      \$15 <input type="checkbox"/>  | Peppermint / Lavender Scalp      \$10 <input type="checkbox"/> | Aroma Eye Mask & Neck Pack      \$10 <input type="checkbox"/> |

**THERAPIST'S SPECIAL MODALITIES UPCHARGE**

- |   |  |  |
|---|--|--|
| Full Body Aromatherapy      \$20 <input type="checkbox"/>   | Fire Cupping      \$30 <input type="checkbox"/>    | Back Walking      \$20 <input type="checkbox"/>          |
| Deep Tissue      \$20 <input type="checkbox"/>              | Herbal Foot Spa      \$15 <input type="checkbox"/> | Lymphatic Drainage      \$20 <input type="checkbox"/>    |
| Lemon-Milk-Salt Foot Spa      \$15 <input type="checkbox"/> | Prenatal      \$20 <input type="checkbox"/>        | Medical Massage      \$20 <input type="checkbox"/>       |
| Sports Massage      \$20 <input type="checkbox"/>           | Elite Therapist      \$30 <input type="checkbox"/> | Infrared Heat Therapy      \$15 <input type="checkbox"/> |

**Please read the following policy statement in detail and sign below:**

I am aware that **draping will be used** during the massage session, and I understand that the therapist will not perform massage on the **breasts, abdomen, or private areas**. I also understand that my **feedback is essential** to my treatment. If I feel uncomfortable for any reason after my session begins, I will bring it to the therapist's or front desk's attention and request the session to **end immediately**. I will be charged the **full-service fee** if I don't stop the session within **20 minutes** of its start. I can either change to another service provider or receive no charge for the 20-minute session.

Massage treatments at All Is Well Holistic Spa are for the sole purposes of **stress reduction, relief from muscle tension or spasms, and increasing circulation and energy flow** for relaxation and therapeutic purposes only. There is **no sexual component** to massage. Any insinuation, joke, gesture, conversation, or request otherwise will result in immediate termination of the session and refusal of all future services. You will be charged the **full-service fee** regardless of the session length. Depending on the behavior exhibited, we may also file a report with **local authorities** if necessary. Treat your therapist with respect and dignity, and you will be treated likewise. Our company has **zero tolerance for inappropriate touch or sexual assault**. If you believe any service provider engaged in inappropriate touch, sexual assault, or an attempt thereof, stop the service, leave the room, and report to management immediately.

Massage therapists at All Is Well Holistic Spa do not **diagnose or prescribe** for medical illnesses, diseases, or other physical or mental disorders. Nothing said during the session should be interpreted as such. Massage therapists do not perform **spinal manipulations**. Massage therapy is not a substitute for **medical examination or diagnosis**, and it is recommended that a physician be consulted for any ailment you may have. It is the client's responsibility to discuss all physical conditions with the massage therapist before starting the session so that the therapist can perform their job effectively. Your massage therapist is only responsible for your **massage treatment**.

I agree to hold All Is Well Holistic Spa, its therapists, or any individual at this institution free of responsibility for my physical condition before or after receiving the usual and customary massage service, whether this service is one or more than one.

**I agree not to solicit from the therapist or use the company's therapists' services outside of the All Is Well Holistic Spa facility.**

I understand the **late arrival policy**: If I'm late for my session, I will only receive the remaining time of the scheduled appointment.

I also understand that **All Is Well Holistic Spa reserves the right to refuse services** to anyone.

I have read and fully understand this form. If my information or condition changes, I will notify my therapist and update this form before receiving additional messages.

Client's Signature : \_\_\_\_\_

Date : M \_\_\_\_\_ D \_\_\_\_\_ 202 \_\_\_\_\_

Therapist's Signature : \_\_\_\_\_

Date : M \_\_\_\_\_ D \_\_\_\_\_ 202 \_\_\_\_\_

**Consent to Treatment of Minor: By my signature below, I hereby authorize All Is Well Holistic Spa Therapist to administer massage therapy to my child or dependent as they deem necessary.**

Parent or Guardian's Name (Print) \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_

Therapist's Signature: \_\_\_\_\_

Date: \_\_\_\_\_